

Melodies for Mums



Experience the joy of singing and music-making to help improve your health and wellbeing. Join our FREE 6-week online programme for new mums across the United Kingdom.



6 week programme

Starting: 17th February 2021

Ending: 24th March 2021

Every Wednesday morning

10am to 11am or

11.15am to 12.15pm on Zoom



How to sign up:

Contact Breathe Arts Health Research by:

Email m4m@breathehr.org

Phone 07858 296855

or visit breathehr.org/melodies-for-mums/



In partnership with

THE NATIONAL LOTTERY
COMMUNITY FUND



ROYAL COLLEGE OF MUSIC
London

Share your experience with us:

[f](#) [t](#) [@](#) @BreatheAHR

#MelodiesforMums

