# We invite you to enjoy a **Breathing Space**



## Free lunchtime performances to improve patient, staff and visitor wellbeing

### May 2024

Wed 1 May (12.30pm – 1.30pm) Guy's Hospital, Atrium 1 Morley College Chamber Music Classical music

Wed 8 May (1pm–2pm) St Thomas' Hospital, Central Hall

#### **Trinity Laban Dance Collective**

Contemporary dance

Wed 15 May (12.30pm - 1.30pm) Guy's Hospital, Atrium 1

### **Absolute Bollywood**

Bollywood dance

Wed 22 May (1pm - 2pm) St Thomas' Hospital, Central Hall

### Tom McBrien and Abigail Adams

Jazz music

Wed 29 May (12.30pm - 1.30pm) Guy's Hospital, Atrium 1

Sambossa

Brazilian music

Guy's & St Thomas' Charity &...



#### **June 2024**

Wed 5 June (1pm-2pm) St Thomas'Hospital, Central Hall

#### Tatcho Drom

Balkan Gypsy folk music

Wed 12 June (12.30pm – 1.30pm) Guy's Hospital, Atrium 1 Beth Angharad

Folk music

Wed 19 June (12.30pm–1.30pm) Guy's Hospital, Atrium 1 Phosphorus Theatre Young Company

Physical theatre

Wed 26 June (12.30pm - 1.30pm) Guy's Hospital, Atrium 1

### **Plastikes Karekles**

Greek music

Schedule is subject to change



Find out more: breatheahr.org info@breatheahr.org Share your experience: ¶ ♥ ◎ @BreatheAHR #BreathingSpace