

# We invite you to enjoy a Breathing Space



## Free lunchtime performances to improve patient, staff and visitor wellbeing

### July 2024

**Wed 3 July** (1pm - 2pm)  
St Thomas' Hospital, Central Hall

#### Zong Zing

Cavacha (Congolese music)

**Wed 10 July** (1pm–1.45pm)  
Evelina Children's Hospital, Central Hall

#### Songs from Evelina

Special event

**Wed 17 July** (1pm - 2pm)  
St Thomas' Hospital, Central Hall

#### Balbir Singh Dance Company

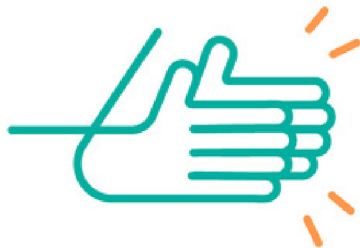
Indian Fusion dance

**Wed 24 July** (12.30pm - 1.30pm)  
Guy's Hospital, Atrium 1

#### English National Ballet: Dance for Parkinsons

Dance

Schedule is subject to change



### August 2024

**Wed 7 August** (1pm–2pm)  
St Thomas' Hospital, Central Hall

#### Bianca Watts

Harp music

#### Songs from Evelina

A live performance of songs written with parents of Evelina and Neonatal patients. Celebrate their stories of resilience and hope, woven into beautiful songs during this unique songwriting project by Breathe Arts Health Research.

#### Wednesday 10th July

1pm to 1.45pm  
Atrium, Level 3, Evelina London  
Children's Hospital

Songs performed by  
Todd Henkin (Lead Artist)  
and Beth Hopkins






Supported by

**Guy's &  
St Thomas'  
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**Find out more:**  
[breatheahr.org](http://breatheahr.org)  
[info@breatheahr.org](mailto:info@breatheahr.org)

**Share your experience:**  
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