

We invite you to enjoy a Breathing Space



BREATHE
ARTS HEALTH RESEARCH

Free lunchtime performances to improve patient, staff and visitor wellbeing

October 2024

Wed 2 October (1pm - 2pm)
St Thomas' Hospital, Central Hall

Sherika Sherard

Soul and Folk

Black
History
Month

Wed 9 October (12.30pm–1.30pm)
Guy's Hospital, Atrium 1

Double bill:

Coralie & Yoga Move Dance

Dance

Wed 16 October (12.30pm - 1.30pm)
Guy's Hospital, Atrium 1

**Gus McQuade & Gonçalo Maia
Caetano**

Classical guitar duo from Royal Academy of Music

November 2024

Wed 6 November (1pm–2pm)
St Thomas' Hospital, Central Hall

Balbir Singh Dance Company

Indian Fusion dance

Diwali

Wed 13 November (1pm–2pm)
St Thomas' Hospital, Central Hall

**Christine Cunnold & Elspeth
Wilkes**

Classical vocal & piano

Wed 20 November (12.30pm - 1.30pm)
Guy's Hospital, Atrium 1

Gonçalo Pires

Classical cello from Royal Academy of Music

Wed 27 November (1pm - 2pm)
St Thomas' Hospital, Central Hall

The Caribbean Island Project

Caribbean Jazz Rhythm 'n Groove

Schedule is subject to change



Find out more:
breatheahr.org
info@breatheahr.org

Share your experience:
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#BreathingSpace

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St Thomas'
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